🛑 Max Daily Loss — $200

Stop trading for the day once net losses reach $200. No exceptions.

⚠️ **Account-Level Rule — Enforced Daily** Stop trading immediately once your net loss for the day reaches $200. Close all open positions. Do not re-enter the market until the next session.

Rule

Parameter	Value
Rule Type	Max Daily Loss
Threshold	$200 net loss
Window	Single trading day (resets at market open)
Action	Stop trading, close all positions, step away

Why This Rule Exists

A $200 daily loss limit is a hard ceiling on how much damage a single bad day can do. Without it, one rough session can wipe out a week of gains. The market will always be there tomorrow. Your capital has to be there too.

This rule is not about being wrong on a trade. It is about knowing when the day is not yours and having the discipline to stop before a manageable loss becomes an unrecoverable one.

How to Track It

- [ ] Calculate net P&L (gross minus commissions and fees) after every trade
- [ ] If net loss reaches $200 at any point intraday, stop immediately
- [ ] Do not average down into a losing position to avoid triggering the limit
- [ ] Log the stop in your session notes — note the time and what triggered it

Reset Conditions

- [ ] Limit resets at the start of each new trading day
- [ ] Winning trades reduce your running loss and move you away from the threshold
- [ ] The limit applies to net P&L only — commissions and fees count against you

This is an account-level rule. It applies across all instruments and setups for the day. A $201 loss that came from an A+ setup still triggers the rule. The number is the number.